A wandering spleen detected by $^{99m}$Tc-denatured RBC scan

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ABSTRACT

A 23 day old infant patient underwent $^{99m}$Tc-denatured RBC scanning for locating possible ectopic spleen in our department. The scan showed no tracer activity in normal splenic bed in the left upper quadrant and an ectopic spleen was shown on the right side of abdomen inferior to the liver. $^{99m}$Tc-denatured RBC scan is an easy and available method for splenic localization in pediatric patients.

Key words: Spleen; Ectopic; Denatured RBC; Scintigraphy

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CASE REPORT
The patient was a 23 day-old boy who was hospitalized for left congenital diaphragmatic hernia and underwent surgical treatment, during surgical repair of hernia, spleen was not visualized in the left upper quadrant (which is the normal location of the spleen). Ultrasonographic evaluation was performed and although liver, pancreas, kidneys and bladder were reported normal, spleen was not visible. Therefore patient was referred to nuclear medicine department for $^{99m}$Tc-RBC denatured scanning. In our department after RBC labeling with $^{99m}$Tc-pertechnetate (Iranian Atomic Energy Organization, Pars Isotope), the vial was placed in 49.5°C water for 15 minutes for denaturation [1-4]. The patient received IV injection of 0.25 mCi labeled tracer as recommended by Ehrlich et al. Static images in anterior view was performed 30 minutes after IV injection of the radiotracer from the abdominal and pelvic regions, using a dual head variable angle gamma camera with Tc-99m photopake and low energy high resolution collimator (ECAM, Siemens). No tracer activity was noted in the normal splenic bed in the left upper quadrant of the abdomen and tracer activity appeared on the right side of the abdomen inferior to liver. The images have been truncated for spleen activity and bone marrow was not visible (Figure 1). Another ultrasonography showed the spleen in the location found in scintigraphy.

DISCUSSION
Wandering spleen, also known as ectopic spleen is an uncommon congenital disorder [5]. The most common age of diagnose of this situation is in childhood, especially under 1 year of age. Unfortunately it is commonly misdiagnosed until complicated by torsion [6]. This condition is manifested by abdominal pain and abdominal mass due to torsion of the hypermobile spleen [1, 7, 8]. Splenic scintigraphy with $^{99m}$Tc-denatured RBC is an excellent method for detection of ectopic spleen [1]. The method of preparation is relatively simple and available and requires small blood volume. Different recommendations can be found in the literature regarding the time-temperature used for preparation of the radiotracer. The recommended temperature is usually 49.5°C, and the time of preparation varies from 10 minutes to 20 minutes [2]. In these cases $^{99m}$Tc-Sulfur Colloid can be performed too, but may interfere with overlapping left hepatic lobe and probable splenic pathology with poor radiocolloid uptake which precludes visualization [3].

CONCLUSION
$^{99m}$Tc-denatured RBC can be recommended for detection of splenic tissue (ectopic, remnant or a wandering spleen) even in small children.

REFERENCES