



ORIGINAL RESEARCH ARTICLE

## An optimized formulation for [<sup>99m</sup>Tc]Tc radiolabeling of zoledronic acid as bone imaging agent

Soheil Golshaiyan<sup>1</sup>, Mostafa Erfani<sup>2</sup>, Mojtaba Shamsaei<sup>1</sup>, Seyed Pezhman Shirmardi<sup>2</sup>, Mohammad Reza Abodzadeh Rovais<sup>2</sup>, Azadeh Mikaeili<sup>2</sup>, Mostafa Goudarzi<sup>2</sup>

<sup>1</sup>Faculty of Energy Engineering and Physics, Amirkabir University of Technology, Tehran, Iran

<sup>2</sup>Radiation Applications Research School, Nuclear Science and Technology Research Institute, Tehran, Iran

### ARTICLE INFO

#### Article History:

Received: 12 September 2022

Revised: 21 January 2023

Accepted: 22 January 2023

Published Online: 24 May 2023

#### Keyword:

[<sup>99m</sup>Tc]Tc-zoledronic acid

Optimized formulation

Stability

Bone imaging

\*Corresponding Author:

Dr. Mostafa Erfani

Address: Radiation Applications Research School,  
Nuclear Science and Technology Research Institute,  
Tehran, Iran

Email: [mgandomkar@aeoi.org.ir](mailto:mgandomkar@aeoi.org.ir)

### ABSTRACT

**Introduction:** The aim of this study was to develop an optimized formulation for labeling a third-generation bisphosphonate, zoledronic acid with [<sup>99m</sup>Tc] Tc to achieve the best formulation in preparing an ideal skeletal radiotracer. Radio-complex yield and purity, stability, biodistribution and imaging in normal rat were investigated.

**Methods:** The samples containing different amounts of zoledronic acid, ascorbic acid and stannous chloride were prepared and labeled with [<sup>99m</sup>Tc]technetium pertechnetate. TLC methods were used to determine the radiochemical purity. The stability was determined in saline and human serum solutions. Lipophilicity was calculated by measuring radio-complex that was divided between organic and aqueous phases. In vitro bone affinity was studied through hydroxyapatite binding assays. Considering the decomposition of radioactivity, biodistribution of radio-complex was assessed based on the percentage of injected activity per gram of organ (% IA/g).

**Results:** [<sup>99m</sup>Tc]Tc-zoledronic acid was prepared easily with high yield while 100 µg, 0.34 µmol of zoledronic acid as a ligand and 100 µg, 0.44 µmol SnCl<sub>2</sub> as a reducing agent were used. Radiochemical purity of radio-complex was more than 99% with specific activity of 8050 MBq/µmol. The radio-complex showed rapid blood washout along with high bone uptake value (4.53 ± 0.14 % IA/g at 2 h post injection).

**Conclusion:** Under optimized condition, [<sup>99m</sup>Tc]Tc-zoledronic acid was prepared with high purity and stability together with high bone affinity and rapid blood clearance, make this radio-complex an ideal agent with great potential for skeletal imaging.

Use your device to scan and read the article online



**How to cite this article:** Golshaiyan S, Erfani M, Shamsaei M, Shirmardi SP, Abodzadeh Rovais MR, Mikaeili A, Goudarzi M. An optimized formulation for [<sup>99m</sup>Tc]Tc radiolabeling of zoledronic acid as bone imaging agent. Iran J Nucl Med. 2023;31(2):137-143.

 <https://doi.org/10.22034/IRJNM.2023.129019.1531>

## INTRODUCTION

Bisphosphonates are synthetic analogues of pyrophosphate distinguished by a P-C-P backbone that makes them resistant to hydrolysis. The carbon side chains determine the pharmacological properties of the bisphosphonates. These side chains are able to chelate divalent metal ions by coordinating one oxygen from each phosphonate group with the divalent cation. When bisphosphonates contain a hydroxyl group at one side chain of carbon, this binding could enhance and thus enable tridentate interaction [1]. In bisphosphonates structure a non nitrogen-containing or nitrogen-containing side chain on the other side of carbon, is responsible for antiresorptive potency [2, 3]. The earlier generation of these compounds like etidronate include short side chain. Second generation compounds have aliphatic chains of different lengths bearing terminal amino groups like alendronate or substituted amino groups like olpadronate [4]. The third-generation bisphosphonates like zoledronic acid with heterocyclic nitrogen containing side chain have a high affinity for hydroxyapatite crystals in bone and are strong antiresorptive agents [5]. At the cellular level, risedronic acid inhibits osteoclasts, which results in reducing bone turnover [6].

While for more than thirty years [<sup>99m</sup>Tc]Tc labeled bisphosphonates especially [<sup>99m</sup>Tc]Tc-MDP and [<sup>99m</sup>Tc]Tc-HMDP are widely used in clinics as an ideal bone imaging agents, but there are some disadvantages about them. As these compounds are a mixture of short and long chain oligomers and cannot exist as a single species, their exact structures are still unknown. As well as the biological properties of the compound can be changed by the relative number of oligomers, the different degrees of ionization and in vivo degradation after preparation [7]. Furthermore it is known that the tracer do bind to Ca<sup>2+</sup> of hydroxyapatite crystals [8], so the phosphonate groups in [<sup>99m</sup>Tc]Tc-bisphosphonate complexes such as [<sup>99m</sup>Tc]Tc-MDP and [<sup>99m</sup>Tc]Tc-HMDP serve as both 5 coordinating ligand and Ca<sup>2+</sup> binding functional groups [9], which might decrease the intrinsic accumulation of tracers in bone. Moreover, from the standpoint of clinical studies, since [<sup>99m</sup>Tc]Tc-bisphosphonates show slow blood clearance a delay time of 2-6 h is required to start the bone scanning [10]. Subtracting the time delay can reduce the trouble of the patient in connection with the total test length and radiation dose absorbed.

To overcome the above-mentioned drawbacks, preparing of a radio-complex with ideal characteristics such as higher absorption for bone, more rapid clearance from blood followed by possibility to image at an earlier time after injection is required. In order to achieve a tracer with high bone resorption, a third generation bisphosphonate, zoledronic acid, was considered to be labeled with [<sup>99m</sup>Tc]Tc. Labeling zoledronic acid and its derivatives with different radionuclides have been previously reported [11-16]. Asikogulo et al. reported unsuccessful labeling with [<sup>99m</sup>Tc]Tc when they used low amount of zoledronic acid in labeling process [11]. In this study, labeling formulation was optimized for preparing [<sup>99m</sup>Tc]Tc-zoledronic acid using low amount of zoledronic acid and obtaining radio-complex with high specific activity. The prepared radio-complex was further investigated in terms of radiochemical purity, stability, lipophilicity, biodistribution and imaging in rat.

## METHODS

Zoledronic acid monohydrate and all other reagents were purchased from Sigma/Aldrich and used without further purification. [<sup>99m</sup>Tc]technetium pertechnetate was eluted from a commercial [<sup>99m</sup>Mo]Mo/[<sup>99m</sup>Tc]Tc generator (Iran, Tehran, Pars Isotope Co) with saline solution (0.9% NaCl). Radioactivity was determined in a dose calibrator (Isomed, Germany). Quantitative gamma counting was performed using an EG&G / ORTEC Model 4001M Mini Bin & Power Supply NaI(Tl) counter. RTLC analysis was carried out through a Raytest-GITA scanner (Germany).

### *Radiolabeling*

A 0.003 M solution of zoledronic acid was prepared by dissolving zoledronic acid in 0.01 M citrate buffer. Samples of different amounts of zoledronic acid (0.05-5 mg) and ascorbic acid (0.2-2 mg) were combined in a vial. From 0.02 M solution of SnCl<sub>2</sub>·2H<sub>2</sub>O in nitrogen-purged 0.1 M HCl, different amounts (0.05-1 mg) in company with 370-1480 MBq of sodium pertechnetate ([<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup>) in saline were added to the samples. Final pH was adjusted (pH=1-7) by addition of 1 N HCl. The mixture was shaken vigorously for 30 second. The incubation was carried out in sealed container for 15 minutes at room temperature.

### *Quality control*

The radiochemical purity of the radio-complex ([<sup>99m</sup>Tc]Tc-zoledronic acid) was determined by



used as an antioxidant and stabilizer of stannous ion. colloidal impurity in radio-complex was achieved in minimum amount along with [<sup>99m</sup>Tc]Tc(IV)-ascorbate avoiding when 500 μg (2.8 μmol) ascorbic acid was used. The reaction pH evaluation showed that the best pH range for production of [<sup>99m</sup>Tc]Tc-zoledronic acid with high labeling yield (>99%) was pH=1-2 and labeling yield decreased in higher pH range.

High labeling yield was achieved when optimized formulation (100 μg, 0.34 μmol zoledronic acid, 100 μg, 0.44 μmol SnCl<sub>2</sub>, 500 μg, 2.8 μmol ascorbic acid and pH =1-2) was labeled with [<sup>99m</sup>Tc] (555-2775 MBq) and was incubated at room temperature for 15 minutes. Although there is no idea what the structure exactly is, radiochemical purity of >99% was obtained while the maximal radioactivity of 2775 MBq was used for labeling (specific activity of 8050 MBq/μmol). In this way, a clear labeled product was obtained for further evaluation. Paper chromatography analysis of radio-complex showed that in the system of acetone as a solvent the R<sub>f</sub> values were 0.9-1.0 for [<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup> and 0.0-0.1 for [<sup>99m</sup>Tc]Tc-zoledronic acid and [<sup>99m</sup>Tc]TcO<sub>2</sub>.x H<sub>2</sub>O. In the system of phosphoric acid 15%, as a solvent [<sup>99m</sup>Tc]Tc-zoledronic acid and [<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup> migrated with the solvent front with R<sub>f</sub> values of 0.8-1.0 and [<sup>99m</sup>Tc]TcO<sub>2</sub>.x H<sub>2</sub>O remained at the origin (R<sub>f</sub> = 0.0-0.1). The chromatography results showed unlabeled [<sup>99m</sup>Tc]Tc ([<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup>) and colloidal impurity ([<sup>99m</sup>Tc]TcO<sub>2</sub>.x H<sub>2</sub>O) were less than 1% and radiochemical purity for radio-complex was >99% (Figure 2).

The stability results which performed every 1 h showed that above complex prepared under optimal condition retaining a radiochemical purity >99% and >95% in saline and serum solutions for 6 h respectively. The radio-complex partition coefficient was calculated and found to be (log P) -2.68 which is a good indicator of its hydrophilicity. Hydroxyapatite binding Assay of [<sup>99m</sup>Tc]Tc-zoledronic acid revealed a binding of 98% to hydroxyapatite particles. This shows that affinity of [<sup>99m</sup>Tc]Tc-zoledronic acid toward hydroxyapatite remained in higher rate through formulation.

#### Biodistribution and imaging

Biological evaluation of [<sup>99m</sup>Tc]Tc-zoledronic acid was performed in rat. As results in Table 1 show the kidneys uptake of radio-complex at 2 h post injection was 5.79±0.15 %IA/g which decreased to 3.69±0.08 %IA/g up to 4 h post injection. Liver uptake in all time point was low (0.34±0.06,

0.29±0.04 and 0.32±0.02 % IA/g at 1, 2 and 4 h post injection respectively). The blood uptake value was 0.94±0.15 % IA/g which decreased to 0.63±0.04 % IA/g in 4 h after injection. High level of activity up to 2.12±0.10 % IA/g at 1 h in bone was observed and this value increased to a maximum of 4.53 ± 0.14 % IA/g at 2 h after injection. Bone to blood activity uptake ratio of radio-complex was 2.25 at 1 h and increased to 7.42 at 2 h. For over 4 h, bone uptake was 3.74±0.12 % IA/g while bone to blood uptake ratio was 5.93 with no significant concentration in any other organ and radioactivity was eliminated largely by the kidneys in urine.

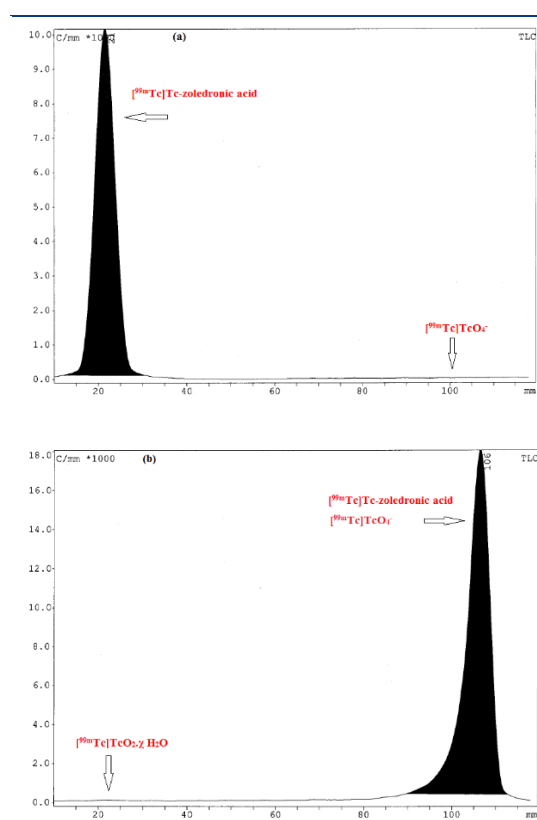
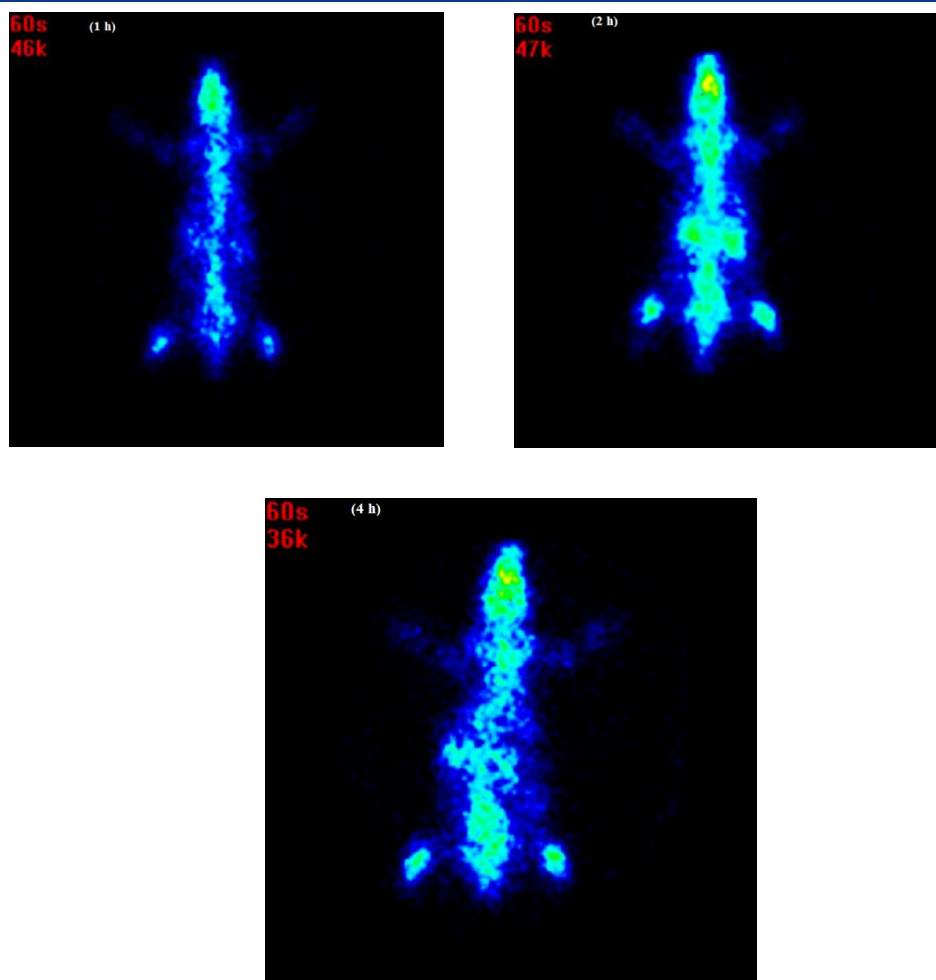


Fig 2. Whatman 1 paper radiochromatograms for [<sup>99m</sup>Tc]Tc-zoledronic acid in acetone (a) and phosphoric acid 15% (b) as a mobile phases. Radio-complex showed radiochemical purity more than 99%. The impurities of [<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup> and [<sup>99m</sup>Tc]TcO<sub>2</sub>.x H<sub>2</sub>O were lower than 1%

The whole skeleton could be visualized through scintigraphy, which confirms the specific uptake of radioconjugate, by the bone. It was observed that the radioligand mainly was accumulated in the skeleton, kidney and urinary bladder. A clear image of the mice skeleton was obtained at 1, 2, 4 after injection of radio-complex (Figure 3).

**Table 1.** Biodistribution of [<sup>99m</sup>Tc]Tc-zoledronic acid in rat at 1, 2 and 4 h after injection. Data are expressed as the percentage of injected activity per gram of tissue (% IA/g) and are presented as the mean ± SD (n = 4)

Organs	Post-injection time (h)		
	1	2	3
Blood	0.94 ± 0.15	0.61 ± 0.05	0.63 ± 0.04
Liver	0.34 ± 0.06	0.29 ± 0.04	0.32 ± 0.02
Stomach	0.17 ± 0.02	0.50 ± 0.01	0.34 ± 0.01
Spleen	0.23 ± 0.06	0.32 ± 0.02	0.25 ± 0.02
Intestine	0.29 ± 0.04	0.37 ± 0.02	0.41 ± 0.02
Kidney	3.17 ± 0.12	5.79 ± 0.15	3.69 ± 0.08
Bone (femur)	2.12 ± 0.10	4.53 ± 0.14	3.74 ± 0.12
Bone/Blood	2.25	7.42	5.93

**Fig 3.** Whole body image in rat at different time point (1, 2 and 4 h) after injection of [<sup>99m</sup>Tc]Tc-zoledronic acid. The total skeleton is clearly observable in different time point

## DISCUSSION

In this study [<sup>99m</sup>Tc]Tc-zoledronic acid was prepared with high specific activity and radiochemical purity. Adequate amount of ligand is necessary to achieve high radiochemical purity while high specific activity is maintained. Previously reported protocol in radiolabeling zoledronic acid involved 500µg ligand [11]. Due to the prolonged duration of action and its potentiality [17], we tried to reduce the ligand

amount to 100 µg to prevent the probable pharmacological effects of the tracer as much as possible.

In [<sup>99m</sup>Tc]Tc labeling chemistry, tin chloride plays an important role to reduce [<sup>99m</sup>Tc]TcO<sub>4</sub><sup>-</sup> to lower oxidation state for reaction with ligand. However, as it could cause some hazardous effects including reproductive toxicity and the toxicity to some enzyme activities and oxidative damages [18] it is necessary to ensure an

optimum ratio of tin chloride. Compared to previously reported amount (400 µg) [11], in this study, SnCl<sub>2</sub> in the formulation was reduced to 100 µg while radio-complex was obtained in high purity impact. The addition of ascorbic acid is a safe and effective means of inhibiting the effect of oxygen and oxidants permitting the use of diagnostic kits containing low levels of SnCl<sub>2</sub> [19]. Therefore, the ascorbic acid used in our formula may also act as a protectant against the toxicity of SnCl<sub>2</sub>. Intermediates like hydroxy and peroxy radicals are stabilized by the ascorbate through transferring H atom to the intermediate.

It is extremely important for radio-complex that isotope chelation remains stable as time passes. Our study showed that the radio-complex prepared through this formulation had high stability. Its stability could be contributed to optimization in amount of important components such as ligand and reducing agent. The labeling conditions (pH, reaction medium and incubation time) also played a decisive role in the achieved stability.

In comparison to [<sup>99m</sup>Tc]Tc-MDP, the previously reported [<sup>99m</sup>Tc]Tc labeled zoledronic acid administrated intravenously to the rabbits, there were no significant differences in the ratios of femur/Background [11]. The comparison of the bone uptake in the optimized formulation [<sup>99m</sup>Tc]Tc-zoledronic acid and [<sup>99m</sup>Tc]Tc-MDP, showed higher value for the former bone. The highest femur bone uptake value of [<sup>99m</sup>Tc]Tc-zoledronic acid in rat was 4.53 %IA/g (2 h), and the minimum value was 2.12 %IA/g (1 h). The bone uptake of [<sup>99m</sup>Tc]Tc-MDP in rat reached the maximum 1.77 %IA/g at 1 h. At 2 h post injection <sup>99m</sup>Tc-MDP exhibited lower level of accumulation in the rat femur bone than that of [<sup>99m</sup>Tc]Tc-zoledronic acid (3.18 %IA/g versus 4.53 %IA/g). High bone uptake along with low liver uptake could help to acquire an image with more accuracy and lower background.

The generated images were well-defined using the optimized formulation for different components in preparing [<sup>99m</sup>Tc]Tc-zoledronic acid. Based on the delayed images, with passing the time, better uptake of bone and increased target to background ratio was observed.

## CONCLUSION

In this study, the formulation of a bone-imaging agent was optimized. [<sup>99m</sup>Tc]Tc-zoledronic acid was prepared with high purity and stability under optimally adjusted conditions (0.34 µmol zoledronic acid, 0.44 µmol SnCl<sub>2</sub>, 2.8 µmol ascorbic acid, 2775 MBq <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> and pH =1-2).

Significant bone uptakes along with fast elimination through kidneys were obtained for radio-complex. Considering these favorable properties, [<sup>99m</sup>Tc]Tc-zoledronic acid can be introduced as a new bone imaging candidate.

## Acknowledgment

We greatly appreciate the supports of this work by Research Councils of Nuclear Science and Technology Research Institute (Tehran, Iran).

## REFERENCES

1. Jung A, Bisaz S, Fleisch H. The binding of pyrophosphate and two diphosphonates by hydroxyapatite crystals. *Calcif Tissue Res.* 1973 Mar 30;11(4):269-80.
2. Sietsema WK, Ebetino FH, Salvagno AM, Bevan JA. Antiresorptive dose-response relationships across three generations of bisphosphonates. *Drugs Exp Clin Res.* 1989;15(9):389-96.
3. Rogers MJ, Xiong X, Brown RJ, Watts DJ, Russell RG, Bayless AV, Ebetino FH. Structure-activity relationships of new heterocycle-containing bisphosphonates as inhibitors of bone resorption and as inhibitors of growth of *Dictyostelium discoideum* amoebae. *Mol Pharmacol.* 1995 Feb;47(2):398-402.
4. Neves M, Gano L, Pereira N, Costa MC, Costa MR, Chandia M, Rosado M, Fausto R. Synthesis, characterization and biodistribution of bisphosphonates Sm-153 complexes: correlation with molecular modeling interaction studies. *Nucl Med Biol.* 2002 Apr;29(3):329-38.
5. Smith MR. Osteoclast targeted therapy for prostate cancer: bisphosphonates and beyond. *Urol Oncol.* 2008 Jul-Aug;26(4):420-5.
6. Reginster J, Minne HW, Sorensen OH, Hooper M, Roux C, Brandi ML, Lund B, Ethgen D, Pack S, Roumagnac I, Eastell R. Randomized trial of the effects of risedronate on vertebral fractures in women with established postmenopausal osteoporosis. Vertebral Efficacy with Risedronate Therapy (VERT) Study Group. *Osteoporos Int.* 2000;11(1):83-91.
7. Tanabe S, Zodda JP, Deutsch E, Heineman WR. Effect of pH on the formation of Tc(NaBH<sub>4</sub>)-MDP radiopharmaceutical analogues. *Int J Appl Radiat Isot.* 1983 Dec;34(12):1577-84.
8. Meyer JL, Nancollas GH. The influence of multidentate organic phosphonates on the crystal growth of hydroxyapatite. *Calcif Tissue Res.* 1973 Dec 31;13(4):295-303.
9. Libson K, Deutsch E, Barnett BL. Structural characterization of a <sup>99</sup>Tc-bisphosphonate complex. Implications for the chemistry of <sup>99m</sup>Tc skeletal imaging agents. *J Am Chem Soc.* 1980;102(7):2476-78.
10. Love C, Din AS, Tomas MB, Kalappambath TP, Palestro CJ. Radionuclide bone imaging: an illustrative review. *Radiographics.* 2003 Mar;23(2):341-58.
11. Asikoglu M, Durak FG. The rabbit biodistribution of a therapeutic dose of zoledronic acid labeled with Tc-99m. *Appl Radiat Isot.* 2009 Sep 1;67(9):1616-21.
12. Erfani M, Tabatabaei M, Doroudi A, Shafiei M. Radiolabeling of zoledronic acid with <sup>188</sup>Re as a new palliative agent radiotracer in treatment of bone tumors. *J Radioanal Nucl Chem.* 2018 May;316:491-500.
13. Bahrami-Samani A, Anvari A, Jalilian AR, Shirvani-Arani S, Yousefnia H, Aghamiri MR, Ghannadi-Maragheh M. Production, quality control and pharmacokinetic studies

- of <sup>177</sup>Lu-EDTMP for human bone pain palliation therapy trials. *Iran J Pharm Res.* 2012;11(1):137.
14. Nikzad M, Jalilian AR, Shirvani-Arani S, Bahrami Samani A, Golchobian H. Development of <sup>166</sup>Ho-zoledronate as a bone marrow ablative agent. *Pharm Biomed Res.* 2016 Feb 10;2(1):14-22.
  15. Qiu L, Cheng W, Lin J, Zhang S, Luo S. A novel (<sup>99m</sup>Tc)-labeled diphosphonic acid as potential bone seeking agent: synthesis and biological evaluation. *Curr Radiopharm.* 2013 Mar;6(1):28-35.
  16. Lin J, Qiu L, Cheng W, Luo S, Ye W. Preparation and in vivo biological investigations on a novel radioligand for bone scanning: technetium-99m-labeled zoledronic acid derivative. *Nucl Med Biol.* 2011 Jul;38(5):619-29.
  17. Wu C, Yang S, Sun Z, Han X, Ye Y, Liu S. Characterization of the attenuation of breast cancer bone metastasis in mice by zoledronic acid using (<sup>99m</sup>Tc) bone scintigraphy. *Pathol Oncol Res.* 2014 Jul;20(3):747-54.
  18. El-Demerdash FM, Yousef MI, Zoheir MA. Stannous chloride induces alterations in enzyme activities, lipid peroxidation and histopathology in male rabbit: antioxidant role of vitamin C. *Food Chem Toxicol.* 2005 Dec;43(12):1743-52.
  19. Yousef MI. Protective role of ascorbic acid to enhance reproductive performance of male rabbits treated with stannous chloride. *Toxicology.* 2005 Feb 1;207(1):81-9.